Slide 1		
	Dear Stop It Now! Helpline,	
	My adult child just disclosed	
	they were sexually abused Jenny Coleman, MA, LMHC Content warning:	
	Micah Waxman, MS Child sexual obuse With Guest Expert	
	Mel Langston, PhD, LPC	
	S Step11 Now5 © 2021	
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Slide 2	Objectives	
	Describe experiences and feelings of adult survivors	
	Identify barriers in children speaking up Discuss relationship of survivor voices to prevention	
	Discuss ways parents can support their adult children after abuse has been disclosed	
	Expand knowledge of complex questions parents of adult survivors ask	
	Stepti Newf	
Slide 3	What Do I Do?	
	My daughter is 22 and told me a few years	
	ago about abuse by my husband. I had alsosulety no knowledge this was happening and was totally blindsided. I went into a depression that I am just now coming out of.	
	My hushand has been III for years and has also struggled with addiction. My daughter will not tell me any details of the abuse. We have abuses heen extremely from and this is	
	hearthrealing to me. She is pushing me to leaver my huband Today i space to a lawyer. What is the best thing for me to do? I feel like	
	will lose my relationship with my daughter if do not leave him.	
	now uspyritered.	

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Welcome!	
MOSAC SUSTERIORISES CHALLY Advanced and Support	
Stapit Now!"	

Why Didn't They Speak Up?

Parents are thinking:

But I told them to tell if anyone was hurting them!

Why didn't they trust me?

Why did they wait so long?

I need all the details!

- Children feel:

 Scared

 Ashamod'guilty

 Ashamod'guilty

 Responsible (especially when older)

 Threatened

 Don't Know it's abuse

 Worny about adult's response

 Concern that abuser will turn to other
 child

Stup It Now!

Slide 6

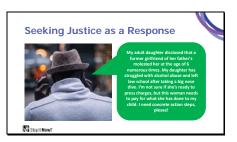




Slide 8



Slide 9



Justice in Action

- When a child's safety is at risk
- Reporting
 CPS
 Police





Slide 11



Slide 12

Worried How Survivor is Coping

- Refuses professional support
- Shut down
- Increased risk taking behaviors
- Substance abuse
- Experiencing intimate partner violence





Survivor's Experience

Survivor's Feelings

- Anger that they were not protected
 Betrayal by person who abused/harmed
- Shame around abuse couldn't stop it, didn't resist/say no
 May still care about the person who abused/harmed them

- Survivor's Needs
 To hear they are believed Abuse was not their fault

- Respect of personal boundaries
 Not asking for abuse details
 Wishes for self
 Way they want to interact with family, etc.
 Resources if they ask for them

Slide 14

Healing

- NOSAC

 * https://www.mosac.ne/

 * TAUKS-Peer Support Group

 * https://www.mosac.ne/

 * https://www.musac.ne/

 * bally Strength's Paverest of Children Who Have Been Sexually
 Absact Child Group

 * https://www.dailystrength.org/group/paveres-whose-children-have-been-sexually-dusaced

 * ATO-ASSS*

 * https://www.massissepport.com/.





Slide 15

Questions?



stay in touch:
stopitnow.org
info@stopitnow.org
jcoleman@stopitnow.org
mwaxman@stopitnow.org
Helpline: 1.888.PREVENT

Stay in touch:

Stay tuned for our next webinar!