Circles of Safety: Train the Trainer Manual (Revised 2020)

**Section 1:** User Guide
Suggestions for Webinar Adaptation

**Section 2:** Circles of Safety: Understanding the Role of Healthy Sexuality Development and Education in Sexual Abuse Prevention (workshop 1)

2.1 Trainer’s Curriculum
2.2 Participants Presentation Handout
2.3 Activities and Handouts
   - Handout: Family Rules for Safe Boundaries, Respect and Privacy
   - Tip Sheet: Age-Appropriate Sexual Behavior
   - Resource List: Healthy Sexuality Books and Websites
   - Activity: I want, I hope, I’ve done, I plan
   - Handout: Internet Safety Guidelines and Tips
   - Resource List: Staying Safe Online
   - Resource: Online Safety Contracts
   - Tip Sheet: Talking to Children and Teens
   - Handout: Communication Tips and Examples
   - Handout: Sexuality Concepts in Concrete Terms
   - Article: Promoting Healthy Sexual Development and Sexuality
   - Handout: Family Safety Plan Template
   - Tip Sheet: Don’t Wait: Everyday Actions To Keep Kids Safe
   - Tip Sheet: Create a Family Safety Plan
2.4 Surveys (Pre and Post)

**Section 3:** Circles of Safety: Understanding and Responding to Warning Signs (workshop 2)

3.1 Trainer’s Curriculum
3.2 Participants Presentation Handout
3.3 Activities and Handouts
   - Handout: Children’s Sexual Play: Healthy or Unhealthy?
   - Tip Sheet: Warning Signs in Children of Possible Sexual Abuse
   - Tip Sheet: Signs That a Child or Teen May Be At-Risk to Harm Another Child
   - Tip Sheet: Signs An Adult May Be At-Risk To Harm A Child
   - Tip Sheet: Behaviors To Watch for When Adults are with Children
   - Handout: Talking About Concerns
3.4 Surveys (Pre and Post)