



# Stop It Now!®

**TOGETHER WE CAN STOP THE SEXUAL ABUSE OF CHILDREN**



**BE ON THE FRONT LINES OF  
PREVENTING CHILD SEXUAL ABUSE**

## **Create a Culture of Prevention**

**Circles of Safety**®—the **Stop It Now!** training and technical assistance program—educates and supports adults and organizations responsible for providing safe and healthy environments for children. Based on violence prevention and bystander engagement research, as well as public health and adult education models, Circles of Safety delivers a practical and customizable training that is easy to implement to prepare and guide adults to be active agents in children's safety planning at home, in the community and in youth-serving organizations.

Through Circles of Safety training tools and practice, adults learn to address barriers and misconceptions that may interfere with preventive actions. Adults can become more confident, comfortable and knowledgeable about protecting children from sexual harm.

**CHILD SEXUAL ABUSE IS NOT INEVITABLE. IT'S PREVENTABLE.**



**CIRCLES  
OF SAFETY**

For more information on how to bring  
Circles of Safety to your organization or community:

**[www.stopitnow.org](http://www.stopitnow.org)**

**Email: [training@stopitnow.org](mailto:training@stopitnow.org) • Phone: 413.587.3500**



## STOP IT NOW!

### Who We Are

*Stop It Now!*, a leader in sexual abuse prevention founded in 1992, builds awareness, knowledge, confidence and comfort so that adults in all settings are able to speak up, take action and prevent child sexual abuse. Core to the *Stop It Now!* holistic approach to prevention is conversation—direct communication about sexual victimization of children and how to prevent or stop it.

*Stop It Now!*'s efforts are guided by this understanding: to truly prevent harm to children, all adults need to accept responsibility for recognizing, acknowledging and confronting behaviors that lead to abuse. Any long-term prevention strategy must change societal norms, so the sexual abuse of children is not tolerated, and appropriate forms of help, support and accountability are provided to child victims and adult survivors, those who sexually abuse children, and the families of both.

### Our Vision

Adults engage in respectful, caring behavior with children and other adults to create safe, stable and nurturing relationships for all children. Children grow up free of trauma from any form of violence including sexual abuse and exploitation.

### Our Programs

- **Help Services** Provides direct help to individuals with questions or concerns about child sexual abuse. For the Helpline, call 1.888.Prevent or email [helpline@stopitnow.org](mailto:helpline@stopitnow.org).
- **Technical Assistance and Training** Provides consulting and training services (Circles of Safety®) to professionals, organizations, coalitions, and community-based programs.
- **Prevention Education** Develops, assesses and distributes educational materials.
- **Prevention Advocacy** Advocates for child sexual abuse to be addressed as a public health priority.



KLINGBERG  
FAMILY CENTERS

Stop It Now! is an affiliate of Klingberg Family Centers



## Circles of Safety® For Youth-Serving Organizations

Circles of Safety for Youth-Serving Organizations teaches adults how to design, develop and integrate a child sexual safety focus in their environment and in all interactions with children. Adults responsible for the well-being and safety of children will be able to identify specific action steps within their professional infrastructure, as well as develop their communication and their own teaching skills to both demonstrate primary prevention and respond to any situation with potential warning signs that may be vulnerable for sexual abuse.

This training can be adapted to meet the needs of any type of youth-serving organization from large-scale educational, to child welfare or community service organizations.

Full training packages range from 1 to 3 days, and include:

- **Circles of Safety Awareness for Action** is a full day of sexual abuse prevention learning to the entire organization.
- **Circles of Safety Leadership Training** is offered to organizational leadership to begin the process of embedding prevention into organizational policies and practices.
- **Train the Trainer** prepares organizations to bring Circles of Safety workshops to their own communities to sustain continuity in the shift to a prevention focus.

### Workshops

Circles of Safety can be designed for 1 to 4 hour workshops to address competing priorities, limited time and limited resources. These workshops can be adapted for small programs and audiences, and are available both in person or as live online webinars. Specialized content can be included for workplace-specific desired prevention topics.

# PROGRAMS

## **Circles of Safety®**

### **At Home and Within the Community**

Sexual abuse prevention begins with a basic awareness, and then moves to building confidence, skills and knowledge to empower and prepare adults everywhere to take necessary protective actions. Through accessible, customizable workshops—both in person and online—Circles of Safety can be brought to any individual, group or program.

All of our workshops serve these objectives:

- Increase knowledge about child sexual abuse prevention
- Increase comfort to discuss children's sexual behaviors and safety
- Strengthen ability to recognize children's healthy sexual behaviors and healthy relationships
- Enhance the ability to identify and respond to warning signs in children's and adult's behaviors
- Build confidence by practicing new skills

### **Community Workshops and Presentations**

Concerned community members ask where they can go for training to strengthen their protective role with children in their workplaces, their neighborhoods, and their places of faith and worship and within their extended families. Parents want accessible, practical and non-alarming information and help. [Stop It Now!](#) can design a specialized workshop to help any group or network feel more prepared, confident and hopeful that they can make a difference in keeping children safe from sexual harm.

### **Online: Live and On-Demand**

With more and more adults turning to online platforms to learn about how to protect children from sexual abuse, [Stop It Now!](#) brings its practical, accurate and calm approach to prevention to the privacy and comfort of homes and private workplaces through live webinars and on demand, self-paced training. Visit [www.stopitnow.org/trainings](http://www.stopitnow.org/trainings) for an up-to-date training calendar.

# PROGRAMS



## Circles of Safety® For Higher Education

The Circles of Safety for Higher Education (COSHE) program addresses the need for a comprehensive, campus-wide approach to the prevention of child sexual abuse. COSHE relies on a tiered approach involving institutional leadership, key university representatives and a cross-disciplinary team.

This two-day training provides the tools for team members to introduce the larger community to effective prevention practices. By imbedding prevention in ongoing campus safety efforts, the team leads the way in creating safer environments for children by establishing a culture of prevention.

Program activities include:

- Consultation with [Stop It Now!](#) staff on team organizing and preparing for the training
- Two-day training delivered by [Stop It Now!](#) trainers
- Post-training follow-up to support team efforts

# PROGRAMS

## Technical Assistance

[Stop It Now!](#)'s Technical Assistance program disseminates lessons learned from experience creating environments that keep children safe from sexual harm.

The goal of the Technical Assistance program is to build capacity and embed effective prevention policies, practices, and programming in organizations serving and impacting youth, thereby reducing the incidence of child sexual abuse.

With technical assistance, [Stop It Now!](#) provides expertise, resources and a unique model to other professionals and programs committed to bringing awareness and tools to sexual abuse prevention through:

- Ground level community building
- Materials and resource review and design
- Helpline development
- Overall consultation and planning support



# TESTIMONIALS

**“Working with Stop It Now! was a rewarding experience. The trainers were able to automatically connect with individuals across a wide spectrum. A majority of the class had very little knowledge of the subject matter yet the trainers were able to simultaneously make them feel comfortable and safe while engaging and empowering them to understand the materials.”**

*—University training participant*

**“Great training! Thank you for challenging me to use the concept of ‘Let’s Talk.’ Nobody likes to have difficult conversations about anything, but I really feel that this gives a great starting point.”**

*—Training participant*

**“The training was valuable. It puts a different perspective on sexual abuse . . . the proactive perspective as opposed to our usual reactive response when we get disclosures. Having the opportunity to be more proactive about something and having the education to go about doing that will certainly benefit our staff here.”**

*—Foster care program director*

**“Whether it was new statistics, new language to use, how to implement a safety plan, or help a foster parent draft a (safety) plan, everyone left with something. . . . It is a living, breathing, evolving thing, it has truly become part of our practice.”**

*—Foster care program supervisor*

**“Excellent! Very informative. Presenters were well prepared and knowledgeable. This was very helpful. I train childcare providers and always recommend the Stop It Now! website and resources.”**

*—Early education and care professional, elementary school training*

**“I really appreciate the links and the up-to-date information you provided. Thank you for giving all of us this opportunity to learn more ways to keep kids safe!”**

*—Online live webinar participant*