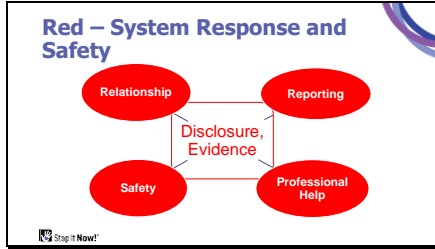
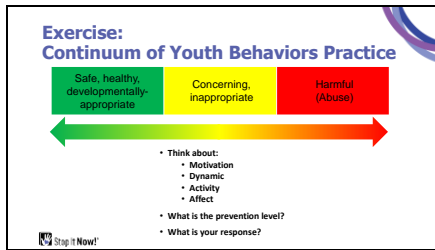


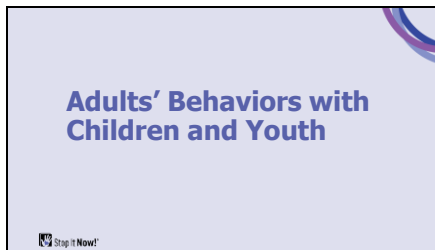
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Barriers to Speaking Up



Fears

- Misrepresenting situation
- Worried about offending others
- Making things worse
- Safety concerns
- Family disruption
- Financial loss
- Shame and guilt




Beliefs


- They're the "perfect" family
- They are a "good" person
- Everyone has secrets
- They wanted it
- That's how they show affection
- They are "too old"

Stop It Now!

Slide 23

Continuum of Adult Behaviors


	Safe, Healthy, Developmentally Appropriate
	Concerning, Inappropriate
	Abusive



Stop It Now!

Slide 24

The Importance of Breaking Down Myths




- I am probably well known and liked by you and your child: a nice guy/offender.
- I can be a man or a woman, married or single.
- I can be an adult, adolescent or a child.
- I can be of any race, hold any religious belief, and have any sexual orientation.
- I can be a coach, teacher, family friend, parent, step-parent, relative, clergyman, babysitter, or anyone who comes in contact with children.
- I am likely to be a stable, employed, respectable member of the community

Stop It Now!

Slide 31

**Exercise:
Speaking Up**



What have you spoken up for?
What are you willing to speak up for?
What supports you to speak up?

Step It Now!

Slide 32

Speaking Up


- Set the tone - shared responsibility and accountability
- Be honest and genuine
- Describe the behavior
- State what you want
- Speak up and set boundaries

Step It Now!

Slide 33

Communication Skills

- Language and Tone
- Avoid Labels and Intent
- Stick to the Facts
- Calm and Confident
- Respectful
- Listening Skills
- Follow up




Step It Now!

Slide 34

Practice, Practice, Practice

- Your dentist is regularly ½ hour late
- Your neighbor’s dog has been digging holes in your yard
- Grandmother lets children stay up past their bedtime
- Your roommate always leaves a mess
- Your food has arrived cold at a fancy restaurant




Slide 35

Successful Conversations

DOs	DON'Ts
<ul style="list-style-type: none">• Set the stage• Stick to the facts• We’re on the “same side”• Be honest about your feelings• Include positives• Be prepared with information• Create safety plan together	<ul style="list-style-type: none">• Avoid labels• Avoid judgment• Avoid comparisons

After


- Thank the adult
- Follow up



Slide 36

Speaking Up

- I know we both care about children, I know it's important for both of us that children in our home are safe. **(Set tone/responsibility)**
- I feel uncomfortable bringing this up but it's important to me. **(Be honest and genuine)**
- I notice you often whisper to Maria, and I've heard you mention to her to remember to keep the secret. **(Describe behavior)**
- I want you to follow our family's program rules/guidelines about whispering and keeping secrets. Our safety rules (or policies) state that adults will refrain from keeping secrets with children. I would like you to stop whispering to children and having any discussion with them about keeping a secret. **(State what you want)**
- Please follow our safety plan and rules (or policies and procedures). **(Set boundaries)**



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Practice Time!



- Set the tone - shared responsibility and accountability
- Describe the behavior
- State what you want
- Speak up and set boundaries

Stop It Now!

Slide 38

Role Play Scenarios

- Aunt Mary (visiting for 2 weeks) tells 6 year old in home that he is going to break lots of hearts and jokes about being younger so that she can take a "roll in the hay with him".
- A father often asks personal questions about another child in the program. He has also brought her a gift on one occasion.
- A young neighbor, Roberto, 22 years-old, has been texting a teen boy.

Stop It Now!

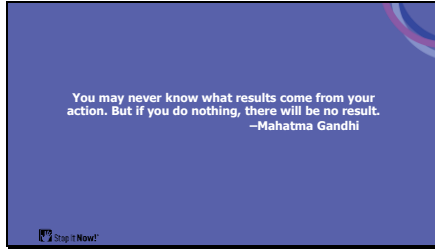
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Role Play Debrief

- What was challenging to talk about?
- What did you notice about switching roles? How did it change your perspective? How was it to observe?
- What skills came naturally?
- What skills did you notice need strengthening?
- What else??

Stop It Now!

Slide 40



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