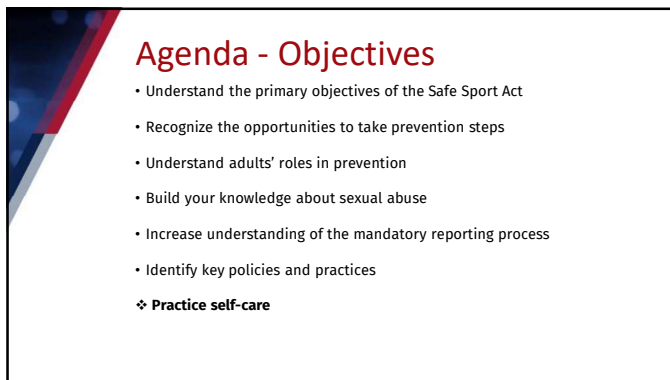
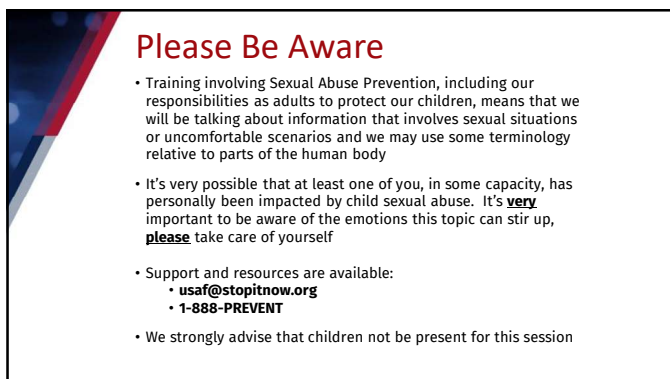




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Ground Rules

- Again, take care of yourself
- Participate to the extent you feel able and comfortable
- Use "I" statements (speak only for you)
- No such thing as a stupid question
- Stay afterwards if you want to talk privately
- Respect privacy

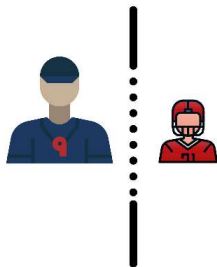
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Key Concepts For Prevention

- | | |
|---|---|
| • HOPE | • Recognize and respond |
| • ADULTS ARE RESPONSIBLE | • Develop confidence |
| • Learn about sex abuse | • Take action - speak up |
| • Plan for safety | • Implement prevention focused, effective policies and procedures |
| • Promote healthy sexuality development | |

5

ADULTS SETTING BOUNDARIES



6

Setting Boundaries = PREVENTION

- ✓ Modeling
- ✓ Reduces Risk
- ✓ Builds Protective Factors

7

What are you prepared to do if you see someone do or say something inappropriate in front of a child?

8

Prevention Task

- Provide a safe environment
- Recognize developmentally appropriate practice and exploration
- Be a safe person
- Provide accurate information
- Teach and model consent
- Identify and model boundaries

9

The Facts

All sexual activity between an adult and a child is sexual abuse. Sexual abuse does not have to involve penetration, force, pain, or even touching. If an adult engages in any sexual behavior (looking, showing, or touching) with a child to meet the adult's interest or sexual needs, it is sexual abuse.

Sexual touching between children can also be harmful, and in some cases abusive.

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The Scope of Sexual Abuse



1 in 10 adults report having been sexually abused as a child.



60% of children who are sexually abused **do not disclose**.

Up to 90% of sexual abuse is perpetrated by someone the child knows. **More than 50% is by a parent or another relative.**

70-77% of sexual abuse or assault is at the hands of other juveniles.

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What is the Safe Sport Act?

- On February 14, 2018, the **Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act** was signed into law
- This is a law which establishes protection for young athletes
- It requires youth sport organizations to develop and enforce policies, procedures, and provide training to prevent abuse and misconduct

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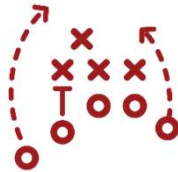
Safe Sport Policies

- Limit one-on-one interactions between minor athletes and adults at facilities/events that are not observable and interruptible
- All adult members in regular contact with youth athletes complete abuse awareness training and go through background checks
- All adults who interact with youth athletes are required to act as a mandated reporter, and youth sport organizations must provide a mechanism for communication **without retaliation**

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Key Policies

- Responding to abuse (what to do)
- 1:1 Policy (adult : athlete)
- USA Football's Safe Sport Policy can be used as a guide



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Responding to Disclosures

- Stay calm
- Let the child know you believe them
- Do not investigate
- Report



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REPORTING

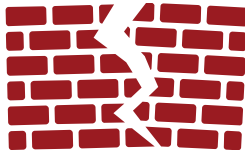
- The process
- Why, When, Who
 - Childwelfare.gov
 - Childhelp (800.422.4453)
- What happens next?
 - Report to your league
 - abuse@usafootball.com
- Proof is not needed!



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Breaking Down Barriers

- Not sure what to do
- “I could be wrong”
- “Not my job”
- Cultural norms
- Fear of retaliation
- Lack of information



17

Sexual Misconduct Policy

Types of sexual misconduct include:

1. Sexual assault
2. Sexual harassment
3. Sexual abuse
4. Any other sexual intimacies that exploit an athlete

Minors cannot consent to sexual activity with an adult, and all sexual interaction between an adult and a minor is strictly prohibited.

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What is Sexual Harassment?

- Sexual harassment is; sexual solicitation, physical advances, or verbal or nonverbal conduct that is sexual in nature, and
 - is unwelcome, offensive or creates a hostile environment, and the offending individual knows or is told this or
 - is sufficiently severe or intense to be harassing to a reasonable person in the context

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Examples of Sexual Misconduct

- Sending athletes sexually explicit or suggestive electronic or written messages or photos (e.g. "sexting")
- Deliberately exposing an athlete to sexual acts
- Deliberately exposing an athlete to nudity
 - Except in situations where athletes need to change together, i.e. locker rooms, and coaches should never change while with youth
- Asking or making an athlete touch another athlete sexually
- Touching an athlete's breasts, buttocks, or genitals, or having an athlete touch a coach's breasts, buttocks or genitals
- Sexual relations or intimacies between persons in a position of trust, authority and/or evaluative and supervisory control over athletes or other sport participants
- A coach discussing their sex life with an athlete, or asking about an athlete's sex life
- Exposing athletes to pornographic material

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Sexual Misconduct Policy Violations: On the Field

Coach A said to an athlete, "You looked great on the field today – and I bet your girlfriend is going to get 'lucky' tonight too. How far have you gotten with her? I bet she's an easy win, if you know what I mean!"

Coach B slapped an athlete's buttocks "in jest" after telling them to hurry up and get onto the field.

Coach C huddles the team around their phone, showing athletes "who they're playing for today" – and what they share with the athletes is a pornographic picture of a naked adult.

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1:1 Policy

All coaches and volunteers are to observe the following guidelines when meeting with an athlete:

1. Any individual meeting should occur when others are present and where interactions can be easily observed
2. Where possible, an individual meeting should take place in a publicly visible and open area
3. If an individual meeting is to take place in an office, the door should remain unlocked and open
4. If a closed-door meeting is necessary, staff must inform another staff member – and ensure the door remains unlocked

Individual Training Sessions: An individual training session(s) with an athlete or participant may also be desired or necessary. Under these circumstances, USA Football encourages parents or guardians of a minor athlete to attend the training session.

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Violating the 1:1 Policy: On the Field

Coach A invited an athlete to talk about training exercises that may help them improve. They brought the athlete to their office alone and closed the door without telling another staff they're doing this.

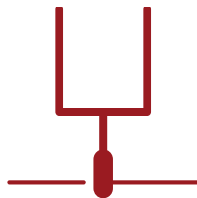
Coach B took an athlete into the equipment room by themselves to try on equipment with the door shut.

Coach C told another staff that they needed to talk privately with an athlete, but then locked the door behind the athlete so that the athlete understood that they can both "talk freely" without worry of being overheard.

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Key Takeaways

- ✓You can protect a child
- ✓Speak Up – Respond and Report
- ✓You don't need proof!
- ✓Policies protect us and children



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THANK YOU!

Email
usaf@stopitnow.org

Visit
stopitnow.org/usaf
facebook.com/StopItNow

Call
Helpline: **1.888.PREVENT**