



# Stop It Now!®

*Together We Can Prevent the Sexual Abuse of Children*

November 2015

Greetings!

In many ways, this year has been about building new Circles of Safety. Through both old and new partnerships, we are reaching more people than ever before with the message that prevention is possible. In this enews issue, our new (to us) **CEO Steve Girelli shares** more about the Circle of Safety that Stop It Now! and Klingberg Family Centers are creating together in the first year of our new affiliation. The Traumatic Stress Institute (TSI) is a department of Klingberg, providing resources and services to professionals who work with clients affected by trauma. Their work helps to round out the Circle of Safety by improving the treatment of those impacted by trauma. ***Read more about TSI in this issue.***

***We want to hear from you!***

Please take a few moments and **participate in this survey** on what role Stop It Now! serves for you. By hearing more about how you use Stop It Now!'s services, we can learn how to do a better job at bringing the most helpful and relevant resources to you.

## Save the date: #GivingTuesday - Dec 1, 2015

Help us kick off our year-end fundraising campaign by participating in **#GivingTuesday**. There are many ways to get involved, but we all know it's easier to make a difference when we work together. So, here's a way to get your friends involved this year:

Using our **#GivingTuesday Razoo page**, **start your own fundraiser** and raise money to support Stop It Now!. Set a fundraising goal and challenge your friends to help you meet it. If you need some inspiration, here are a few ideas to help you get started:

- **Raise \$50 to cover the cost of our weekly Advice Columns**
- **Raise \$150 to provide chat service for a month**
- **Raise \$300 to translate one of our Tip Sheets into Spanish**
- **Raise \$750 to cover the cost of running our Helpline phones for a week**



Donate  
Now!

## A Letter from Steven A. Girelli President/CEO, Klingberg Family Centers

I am very pleased that Klingberg Family Centers has partnered with Stop It Now!, which became one of its affiliates in March of this year. This affiliation will allow Klingberg and Stop It Now! to work together for the benefit of both organizations and to provide help to a larger community.

Klingberg's focus for nearly 50 of its over 100 years has been the treatment of a variety of behavioral health and trauma issues. More recently, with the addition of the Traumatic Stress Institute in 2006 we expanded our work to include professional training and consultation on trauma-informed care. We have long sought to further expand our impact by moving into primary prevention, and the invitation to partner with Stop It Now!, nationally recognized for its prevention work, was the perfect opportunity to achieve that strategic goal.

Moreover, as an organization that has specialized in treating and training about severe trauma, including the trauma of sex abuse, we are acutely aware of its prevalence, so Stop It Now!'s prevention focus on this issue specifically was particularly appealing. I see a tremendous opportunity for Klingberg contributing to Stop It Now!'s work our experience, expertise, and professional network developed through the Traumatic Stress Institute. We look forward to integrating the content expertise of Stop It Now! with our own training expertise and expanding our work to include more resources on prevention and support for those whose proximity to children enables them to be champions of prevention. ***Click here to read the rest of Steve's letter...***

### **Hearing from Helpline users makes our day!**

*I just love all the resources you have. We include them in family sessions with parents of children who have been abused. All of your handouts are wonderful. I've given Stop It Now! to therapists and probation officers because it's absolutely about everyone working together for safety, and that's what we really need. - Jeanne Olsen, Sexual Assault Program of Northern St. Louis County*

## *Spotlight on The Traumatic Stress Institute*

The Traumatic Stress Institute (TSI) of Klingberg Family Centers promotes excellence in trauma-informed services both within Klingberg and to organizations nationally and internationally who treat clients with histories of psychological trauma and attachment disruptions.

TSI helps organizations foster trauma-sensitive treatment cultures, increase clinical expertise, achieve positive lasting results with difficult clients, and develop a stable and well-trained work force. Through training and consultation, TSI has assisted organizations reduce

restraints and seclusions, decrease staff turnover, operate more effectively within an increasingly competitive marketplace, and improve outcomes for children and families. TSI partners with organizations at many levels, including: whole system transformations to trauma-informed care; customized training and consultation on specific topics; and evaluation and consultation regarding the treatment of individual clients. TSI is the largest training center for the **Risking Connection**® Training program, a foundational trauma training for learning in community. Risking Connection offers sustainability through a Trainer-the-Trainer system and ongoing education and support. It includes an adaptation for training foster and adoptive families. TSI also offers training in the **Restorative Approach**,® a trauma-informed alternative to point and level systems in congregate care which was developed at Klingberg Family Centers. TSI also offers training, consultation, and evaluations related to healthy sexuality for high-risk youth and youth with histories of trauma.

## Stay Informed

Prevent Child Abuse America, through funding from the Ms. Foundation for Women, has released an important and informative report on **State and federal legislative efforts to prevent child sexual abuse**, looking at the most recent state by state child sexual abuse prevention legislation.

Read this **BBC online article** about our sister organization, **Stop It Now! UK**'s new online campaign to deter people from viewing child pornography.

November is **Military Family Appreciation Month** and **National Adoption Month**.

## Stop It Now! Resources

**Learning more about child sexual abuse is a key step in prevention.** Check out our new web page: **The Scope of Child Sexual Abuse Definition and Fact Sheet**.

**Have you read our FAQs?** This is a great way to learn more about both child sexual abuse and how Stop It Now! works to bring prevention to everyone. **Do adults convicted of child sex offenses sexually abuse other children when they are released?** is a question many are asking and we've recently updated. Additionally, we're asked **Why do you reach out to adults at risk to abuse and to offenders? Are you "offender- friendly"?** Read our response and let us know what you think.

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Three Ways to Give



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